2019 STATE PLAN UPDATE

PA Developmental Disabilities Council

DEAR FRIENDS

The PA Developmental Disabilities Council has a positive **IMPACT** on the lives of people with developmental disabilities and their families.

Our investments **EMPOWER** self-advocates and their families to achieve their vision of everyday lives in the community; **CHANGE SYSTEMS** so that individuals with disabilities and their families have access to needed services, a voice in the design of the systems they need for support, and have opportunities for self-determination; and **CHANGE SOCIETY** so that people with disabilities have control of their life choices, and are fully engaged with, and participate in all facets of community life.

THE PENNSYLVANIA DEVELOPMENTAL DISABILITIES COUNCIL

(For a list of current PADDC Council members, please visit www.paddc.org)





The Council engages in activities which **MEANINGFULLY INVOLVE PEOPLE WITH**

DISABILITIES, or, if they cannot speak for themselves, their chosen family members, in all areas of their conception, preparation and implementation. We oppose activities which could be construed as doing things for, to, or on behalf of people with disabilities rather than under their direct leadership.

The Transition Quality Empowerment

Project (TQEP) works to positively impact the postschool outcomes of transitioning youth with disabilities. Hundreds of students have been mentored on selfdetermination, transition planning and leadership skills.

TQEP continues to witness how young people leave events not only empowered, but with knowledge about their strengths, needs and futures. Importantly, they are consistently signing up to join our project as youth leaders who then go out in the schools and community to support younger youth with disabilities as they learn about transition and reaching their goals in life.

377 youth and families across 3 communities and 16 schools **improved peer relationship building, leadership, and communication skills to determine their best transition path** based on their skills and strengths. 18 training boot camps were held throughout the year and 4 Transition-Change Agent Teams (T-CATs) have been formed.



PA COMMUNITY ALLIANCE SUMMIT



184 ATTENDEES Representing **137 organizations** across Pennsylvania



27 POP-UP TALKS Increasing participants' knowledge about DIVERSE GROUPS



5-YEAR GROWTH

Attendance and diversity more than doubled over year 1



Self Advocates United as 1 supports the self advocacy of people with disabilities for positive impact in our communities and in people's lives. Directed by its board, who are all people with developmental disabilities, SAU1 is staffed by people with disabilities and allies.

SAU1 has long known that people with disabilities want and need real, positive relationships with people other than those paid to support them. It is also true that people with disabilities are often the victims and survivors of abuse, usually from those who are supposed to be caring for them.

SAU1 created an interactive event, called "Let's Talk about Relationships!" It helps people think through their relationships – what makes them healthy; what makes them unhealthy; what may be abuse; and tools to help them deal with issues. The **peer-to-peer format** is intended to share the message from a perspective of **lived experience** rather than through lecture.



We promote **ACTIVITIES THAT MAKE WIDE REACHING CHANGES TO THE SYSTEMS THAT IMPACT PEOPLE WITH DISABILITIES**

in Pennsylvania. It is the generic community and not the person with the disability that needs to change. Rather than building special models for special people, we hold that the generic systems should change their ways to accommodate all members of society.

Pennsylvania Assistive Technology

Foundation (PATF) helped raise awareness and understanding of generic smart home devices so that people with developmental disabilities can have more autonomy and can live more independently and safely in their home. PATF delivered 15 presentations and trainings; installed smart home devices in the homes of 3 people with disabilities; published Funding Your Assistive Technology: a Guide to Funding Resources in Pennsylvania; created a dictionary of common smart home vocabulary words and concepts; consulted with 2 Philadelphia rehabilitation hospitals to integrate smart devices in their facilities so that individuals with disabilities can learn how to use them; and produced a video of people with developmental disabilities using smart home devices to live in their own homes. Interest in smart home technology is growing. Since 2018, visits to the project's web site increased from 965 to 2,957, and over 31,000 impressions were recorded on Facebook and Instagram.



Individuals with developmental disabilities, family members and other stakeholders across the state learned more about **PERSON DIRECTED SERVICES** in Pennsylvania through 2 newly developed webinar trainings.

103 stakeholders provided input at 12 listening forums about RURAL HEALTHCARE ACCESS. 3 state officials, 9 community business partners, and 56 targeted disparate community partners were engaged in the initial discussion about how to improve accessibility. 6 adults with developmental disabilities and 8 parents of individuals with developmental disabilities living in rural PA are serving as key team leaders in their counties.



CROSS-SYSTEMS resources were created for professionals in education, health, and disability, on the **experiences**, **beliefs**, and **cultural values** of immigrants with disabilities from

countries including, **Afghanistan, Bhutan, Democratic Republic Of Congo, Iraq, Mexico, Myanmar, Pakistan, and Syria**.

69 PEOPLE

Provided feedback, and discussed resources and experiences with Limited English Proficient individuals with developmental disabilities.





The Council works to **CHANGE COMMUNITIES IN THE BROADEST, MOST GENERIC SENSE**.

Our projects improve the lives, not only of people with disabilities, but of all Pennsylvanians. Our energy is increasingly directed at ensuring that the systems and supports that are available to the community in general are made equally available, with appropriate accommodation, to Pennsylvanians with disabilities.

21 and Able supports employers through education, which has resulted in hiring and retaining more people with disabilities. Two primary efforts to increase employment for people with disabilities include creating a regional leadership and learning network, and providing national expertise to individual businesses.

The Disability Inclusion Consortium (D.I.C.) was created as an initiative led by leaders from Giant Eagle, FedEx Ground, Highmark Health, and Bender Consulting, and also is supported by local, state, and national disability inclusion experts. More than **50 employers** attend regular meetings and take advantage of additional learning opportunities including webinars and events in the community at large.

959 people with disabilities have been

997

People with and without disabilities increased

Diversity And Disability History curriculum. Of

reported an increase in their self-

those, 93% of children with disabilities

advocacy and disability culture pride.

their knowledge of disability history through the

hired; job postings have been analyzed and revised to broaden the candidate base; a job fair for people with disabilities was created; and employers have been connected to agencies that are working to place individuals with disabilities. FITNESS AND RECREATION centers have been offered assistance with resources and ideas on becoming more welcoming to persons with

disabilities.

32 social events attended by 80 stakeholders and 42 orientation meetings attended by 215 stakeholders were held to share information on **TIME**



BANKING – encouraging it as a route for people with disabilities to find vocational/volunteer opportunities and to be

recognized as valued participants in their communities.



60 TEACHERS-IN-TRAINING at Millersville University

took a training course on **DISABILITY HISTORY** before their student teaching assignments. **Integrate for Good** is a creative initiative designed to expand opportunities for people with disabilities to contribute their time and talent through participation in generic, local service opportunities.

Integrate for Good is designed to proactively address the barriers faced by individuals with disabilities relative to volunteer engagement using targeted strategies for increasing opportunity through four specific channels: individual capacity building, community education and support, event planning and execution, and research.

Integrate for Good volunteers donated more than **7,000 hours** of their time to strengthen local communities. 40 students and adults with disabilities created digital portfolios to showcase their strengths and abilities to local nonprofit leaders, potential employers and community members. Integrate for Good leadership team members conducted more than 50 training sessions, and **6 individuals with intellectual disabilities** assume leadership roles **as teachers and experts** in the field.

DISPARATE IMPACT

PADDC has become increasingly concerned that some people with disabilities experience additional marginalization as a result of race, ethnicity, economic status, age, sexual identity and orientation, geographic or disability diversity. As such, each grantee who receives Council funding must identify an unserved or underserved group, which is additionally affected by circumstances in addition to their disability, that causes further roadblocks to reaching their goals.

Following are the groups that were identified and are being served through PADDC's grants:

DEAF AND BLIND INDIVIDUALS

INDIVIDUALS WITH SIGNIFICANT SUPPORT NEEDS WHO WANT TO LIVE INDEPENDENTLY

LBGTQ YOUTH AND TEENS

LGBTQ ADULTS

LIMITED ENGLISH PROFICIENCY IMMIGRANTS AND REFUGEES

LOW INCOME COMMUNITY MEMBERS

MENTAL HEALTH CONSUMERS

PEOPLE WHO ARE NON-VERBAL/LIMITED COMMUNICATION

PEOPLE WITH PHYSICAL DISABILITIES

RACIAL MINORITIES – YOUTH AND ADULTS

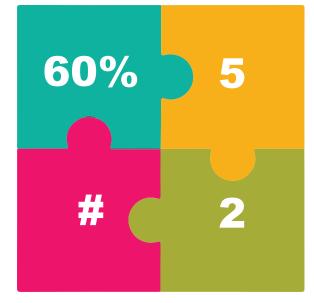
RESIDENTS OF POLK CENTER – PRESENT OR PAST

RURAL RESIDENTS

SENIOR CITIZENS

TRANSITION AGED YOUTH

VETERANS WITH OTHER THAN HONORABLE DISCHARGES



BREAKDOWN OF PADDC MEMBERS

- 60% must be people with developmental disabilities or their family members
- **5 seats** on Council in PA are reserved for the Secretaries of the Departments of Labor and Industry, Education, Human Services, Aging, & Health
- **2 Sister Agencies**: Disability Rights Pennsylvania & the Institute on Disabilities at Temple University
- The remaining # must include a representative from a non-profit, and local and non-governmental agencies

FISCAL YEAR 2019 SPENDING ON PROJECTS



SOCIAL AND TRADITIONAL MEDIA ACTIVITY



FACEBOOK

2,880 Followers (▲29%)487,040 Total Reach181 Community Alliance Members

TWITTER

500 Followers (▲54%) 156,291 Total Impressions





PADDC.ORG

12,917 Users 35,772 Page Views

SUBSCRIBERS

2,860 Postal and Email Addresses





POLICY INFORMATION EXCHANGE

254 Legislators and Policymakers1,600 Individuals & Organizations7,500 Members of the Public

All figures listed in this report are based on information available as of September 30, 2019.

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